

At our offices our goal is to improve your overall *skin health*. This is a three-pronged approach. As such, if you can take a moment to fill this form in, it will help us guide your appointment(s) and skin plans. Thank you!

Skin Health consists of three categories – Medical (addressing ongoing medical concerns and diagnoses – working on prevention of future issues; Skincare (full face and body care); Aesthetic (enhancing and improving your skin thru cosmetic treatments).

At this time, I am interested in: (circle all that apply and please circle any applicable items below in columns) **Medical Skincare Aesthetic**

I wish to discuss the above item(s): (circle all that apply) **Today In the future Ongoing**

**Medical\***

- Lesions/moles/ growths/warts
- Cysts/lipomas
- Acne
- Skin cancer
- Dry skin/ itching
- Rashes
- Changes to nails
- Hairloss
- Keloids/ scars
- Excessive sweating
- Rosacea/ facial redness
- Non-healing sites

**Skincare**

- Anti-aging
- Sensitive skin
- Acneic skin
- Discoloration
- Moisturization
- Skin texture
- Sun protection
- Body care
- Choosing products for my skin type
- Basic skin regimen set up
- Adding or adjusting to existing skin regimen

**Facial Aesthetics**

- Wrinkles/ prevention
- Fine lines, smile lines, or creases
- Sun damage/ discoloration
- Skin tightening
- Pore minimization
- Spider veins/ vessels (leg/face/other)
- Eyelash length
- Skin texture/ resurfacing
- Lip enhancement
- Cheek/ facial volume/ collagen loss
- Undereye issues
- Turkey neck or submental fullness
- Chin or jawline defining

**Body Aesthetics**

- Muscle building/ toning
- Fat destruction
- Hair removal
- Tattoo removal
- Urinary leakage/ loss of pelvic floor strength
- Sexual health

\*Items in this category require medical diagnosing, which is part of the AMA and require fees and charges. These are not cosmetic services and are not part of our free cosmetic consultations.